

Wild Goose Qigong Training Course Offered--



Two years ago, when I heard about this system and its benefits, I knew I wanted to learn it. Then, Master Shane Lear performed the 64 steps of Wild Goose 1. Although I wasn't doing the form, I could feel the energy in the room change. Everyone around me felt it too! My palms and ears were burning as Master Lear continued his explanation of the benefits of this training.

"This first 64 step form," Master Lear said, "has made it possible for me to shut off my mind and rest fully. I put in a 60-80 hour week with my massage therapy clients and martial arts classes combined. So you can imagine that just shutting down at night can be difficult. Now I sleep better than I ever have, and I am better able to cope with stressful situations. After practicing Wild Goose 1, I find I can meet challenges without the rush of adrenaline, without losing my temper, without my heart pounding like it was trying to jump out of my chest. I simply think, OK, I'll figure this out and move on."

Wow! Now this is what I need! was my first reaction, and so I acted immediately to set up the first Wild Goose Qigong Training Course at the former Muhammad Ali Camp in Orwigsburg, PA. That was in 2009, and that hillside, high energy location is perfect for qigong training. It offers accommodations in spacious log cabins, which are equipped with comfortable beds and bathrooms in each. The cook house provides the perfect setting for meals, and for socializing in the evening after training.

It is now 2011, and Mater Lear has returned to China and brought out with him several new forms to add to the Dayan Arts system. This June, we will be offering sessions in both Wild Goose 1 and Wild Goose 2. As before, I will be right there learning with you, and I can't wait to take the next 64 steps to better health and well-being.

I've known Master Lear for 6 years now, and yes, he has been and still is an ethical and driven martial arts educator. Please come and train with Master Lear and with me. I promise you a full weekend of invigorating training, a totally revamped (healthful and delicious) menu of food, relaxation, and community.

Wild Goose Qigong Training Courses-- each course, 12 hours.

Wild Goose 1: This course will instruct the first 64 step form, which is used to purge bad (toxic) energy and collect and store new energy. It is a complete qigong system and safe for anyone to practice. You must master this form before moving on to the second.

Wild Goose 2: This second 64 step form further refines the energy (chi) fields. It is much stronger than the first and works with pre-natal chi to help with inherited energy weaknesses. You must have completed Wild Goose 1 (24 hours) in order to enroll in this course.

Don't Hesitate! Clear your schedule and do SOMETHING FOR YOUR HEALTH THAT COULD POSSIBLY BE LIFE SAVING!

When: June 24, 25, 26, 2011
Friday Start: 5-9 PM
Saturday: 10AM-5PM
Sunday 10A -2 PM

Where: Muhammad Ali Training Camp
Sculpshill Rd., Orwigsburg, PA 17961

How much? All inclusive plan: \$285.00

Commuter plan: \$185.00

Register now! www.pressurepointsdirect.com/qigong

questions?? 610 451-5389

